

Making Love Last
Part 3 of 4: The Expectation Trap

Discussion Questions:

1. Reread **Romans 15:5-7**. Who has best displayed to you the “as is” love of God? Describe what that experience is/was like.

2. How have you seen **Wonderful Desires** become **Demanding Expectations**?

3. Three options were shared for when people are stuck in the *Expectation Trap*:

- **Depart**
- **Dominate**
- **Deal**

Which one have you seen predominately in your circle of relationships?

Which one do you think you might be most disposed to?

4. Three Exercises were shared to help avoid or escape the *Expectation Trap*:

- **Daily Words of Gratitude** (I Ths. 5:18)
- **Daily Acts of Service** (Php. 2:3-5)
- **Daily Awareness of God’s Love for Me** (Rom. 8:38-39)

5. Describe how you might specifically apply expressions of gratitude and acts of service in a relationship this week.

6. Share how you remind yourself of God’s unconditional “as is” love for you.

7. Now that you know these things, how will your life be different?