

4-11 J.G. & Personal Reflection Questions

Discussion Questions:

1. What is one thing you would really like to change about yourself?
2. How are you doing spiritually? Why do you think we tend to answer this questions based on what we are doing rather than who we are becoming. What is one thing you would like to change about your spiritual life?
3. Read [Galatians 5:22-23](#). Which of these fruit do you see most evident in your life? Which of these fruit seem to be the most illusive?
4. This week we talked briefly about the challenge in becoming, “The Me I Want To Be”. Have you ever experienced the cycle (Guilt, Try Harder, Lose Focus, Fatigue, Quit) in your life? Why do you think we tend to be motivated so often by guilt?
5. We also talked about the “Counterfeit Me” that we often fall into. Which of these are you tempted with most often?
 - The me that I **pretended to be**
 - The me **I think I should be**
 - The me **other people want me to be**
 - The me **I’m afraid God wants me to be**
6. This week we talked about “Our Heritage” and “Our Inheritance” from [Ephesians 1](#).

Our Heritage

- God Chose Me
- God Redeemed Me
- God Marked Me

Our Inheritance:

- God Gives Me Wisdom
- God Gives Me Hope
- God Gives Me Power

Read [Ephesians 1:4-5](#). When did God choose you? When you think about “Your Heritage” and “Your Inheritance”? What thoughts come to your mind? How do these things change you?

7. When you think about our new series what are some things that you need to do to become “The Me I Want To Be”?
8. Be sure to end by praying together as a group for any special requests and also for each of you to make great strides in becoming “The Me I Want To Be”.